

Nutrition Facts

Servings per container
Serving size

Amount per serving

Calories

Total Fat

Saturated Fat

Trans Fat

Cholesterol

Sodium

Total Carbohydrate

Dietary Fiber

Total Sugars

Includes Added Sugars

Protein

* The % Daily Value (DV)
tells you how much a
nutrient in a serving of food
contributes to a daily diet.
2,000 calories a day is used
for general nutrition advice.

Calcium

Iron

Potassium

Not a significant source of Vitamin D

The Original

About 1.5
5 pieces (30g)

140

% Daily Value*

7g 9%

4g 20%

0g

<5mg 1%

60mg 3%

19g 7%

0g 0%

14g

12g 24%

2g

4%

6%

2%

Dark & Sea Salt

About 1.5
5 pieces (30g)

140

% Daily Value*

7g 9%

4g 21%

0g

<5mg 1%

160mg 7%

18g 7%

<1g 2%

13g

11g 22%

2g

4%

8%

2%

Salt & Caramel

About 1.5
5 pieces (30g)

140

% Daily Value*

6g 8%

4g 20%

0g

<5mg 1%

190mg 8%

19g 7%

0g 0%

14g

12g 24%

2g

6%

2%

2%

Classic
Caramel

About 1.5
5 pieces (30g)

140

% Daily Value*

6g 8%

3.5g 18%

0g

<5mg 1%

215mg 9%

19g 7%

0g 0%

16g

14g 28%

1g

6%

45%

2%

Crispy
Raspberry

About 1.5
5 pieces (30g)

140

% Daily Value*

6g 8%

3.5g 18%

0g

<5mg 1%

75mg 3%

21g 8%

0g 0%

16g

14g 28%

1g

6%

2%

2%

Sour
Strawberry

About 1.5
5 pieces (30g)

140

% Daily Value*

5g 7%

3g 15%

0g

<5mg 1%

40mg 2%

22g 8%

0g 0%

17g

15g 30%

1g

4%

0%

2%

Double
Chocolate

About 1.5
5 pieces (30g)

140

% Daily Value*

7g 9%

4g 21%

0g

<5mg 1%

70mg 3%

15g 6%

4g 14%

15g

13g 26%

2g

4%

4%

2%

Sour Cherry

About 1.5
5 pieces (30g)

130

% Daily Value*

5g 6%

3g 15%

0g

<5mg 1%

95mg 4%

21g 8%

0g 0%

15g

13g 27%

1g

6%

2%

2%