

UK Stocking Stuffer

Nutrition Facts	
About 5 servings per container	
Serving size 3 Pieces (29g)	
Amount Per Serving	
Calories	120
% Daily Value	
Total Fat 3g	4%
Saturated Fat 1.5g	8%
Sodium 30mg	1%
Total Carbohydrate 24g	9%
Total Sugars 18g	
Includes 18g Added Sugars	36%
Protein 0g	
Not a significant source of trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium	

caramel/
fudge/
toffee/
candy

Nutrition Facts	
1 serving per container	
Serving size 4 Pieces (36g)	
Amount Per Serving	
Calories	160
% Daily Value	
Total Fat 8g	10%
Saturated Fat 6g	30%
Sodium 80mg	3%
Total Carbohydrate 22g	8%
Total Sugars 15g	
Includes 15g Added Sugars	30%
Protein 1g	
Not a significant source of trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium	

choco

Sweden Stocking Stuffer

Nutrition Facts	
About 3.5 servings per container	
Serving size 3 Pieces (30g)	
Amount Per Serving	
Calories	120
% Daily Value	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Sodium 35mg	2%
Total Carbohydrate 24g	9%
Total Sugars 17g	
Includes 17g Added Sugars	34%
Protein 1g	
Not a significant source of trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium	

candy

Nutrition Facts	
5 servings per container	
Serving size 2 Pieces (26g)	
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 14g	5%
Dietary Fiber <1g	3%
Total Sugars 11g	
Includes 11g Added Sugars	22%
Protein 2g	
Vit. D 0mcg 0%	Calcium 10mg 0%
Iron 0.3mg 2%	Potas. 40mg 0%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

choco