

Nutrition Facts

approx 7.5 servings per container
Serving size 6 cookie-crackers (30g)

Amount Per Serving

Calories 125

% Daily Value*

Total Fat 7g **9%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 14g **6%**

Dietary Fiber 0g **0%**

Total Sugars 3g

Includes 3g Added Sugars **10%**

Protein 0g

Vitamin D 0.1mcg 0%

Calcium 0mg 0%

Iron 0.8mg 4%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.