Dark Chocolate Sea Salt

Nutrition Facts

Serving size	1 Donut (114g)
Amount Per Serving	
Calories	**420**
	% Daily Value*
Total Fat 21g	**27%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 1090mg	**47%**
Total Carbohydrate 54g	**20%**
Dietary Fiber 3g	**11%**
Total Sugars 29g	
Includes 28g Added Sugars	**56%**
Protein 6g	**12%**
Vitamin D 0.2mcg	2%
Calcium 60mg	4%
Iron 3.4mg	20%
Potassium 220mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Lemon Glazed

Nutrition Facts

Serving size	1 Donut (114g)
Amount Per Serving	
Calories	**340**
	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**11%**
Total Carbohydrate 58g	**21%**
Dietary Fiber 2g	**7%**
Total Sugars 25g	
Includes 25g Added Sugars	**50%**
Protein 5g	**10%**
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 2.8mg	15%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Maple Glazed

Nutrition Facts

Serving size	1 Donut (128g)
Amount Per Serving	
Calories	**390**
	% Daily Value*
Total Fat 10g	**13%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**11%**
Total Carbohydrate 71g	**26%**
Dietary Fiber 2g	**7%**
Total Sugars 39g	
Includes 39g Added Sugars	**78%**
Protein 5g	**10%**
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 2.8mg	15%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Old Fashioned

Nutrition Facts

Serving size	1 Donut (104g)
Amount Per Serving	
Calories	**310**
	% Daily Value*
Total Fat 11g	**14%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 270mg	**12%**
Total Carbohydrate 47g	**17%**
Dietary Fiber 2g	**7%**
Total Sugars 12g	
Includes 12g Added Sugars	**24%**
Protein 6g	**12%**
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 3.1mg	15%
Potassium 120mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Vanilla with Sprinkles

Nutrition Facts

Serving size	1 Donut (116g)
Amount Per Serving	
Calories	**360**
	% Daily Value*
Total Fat 11g	**14%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**11%**
Total Carbohydrate 59g	**21%**
Dietary Fiber 2g	**7%**
Total Sugars 27g	
Includes 27g Added Sugars	**54%**
Protein 5g	**10%**
Vitamin D 0mcg	0%
Calcium 80mg	6%
Iron 2.8mg	15%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Whoopie Pie

Nutrition Facts

Serving size	1 Donut (132g)
Amount Per Serving	
Calories	**480**
	% Daily Value*
Total Fat 21g	**27%**
Saturated Fat 5g	**25%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 230mg	**10%**
Total Carbohydrate 72g	**26%**
Dietary Fiber 2g	**7%**
Total Sugars 47g	
Includes 46g Added Sugars	**92%**
Protein 6g	**12%**
Vitamin D 0.2mcg	2%
Calcium 60mg	4%
Iron 3.3mg	20%
Potassium 210mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Dark Chocolate Sea Salt

Nutrition Facts

Serving size	1 Donut (140g)
Amount Per Serving	
Calories	**560**
	% Daily Value*
Total Fat 36g	**46%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 1220mg	**53%**
Total Carbohydrate 58g	**21%**
Dietary Fiber 3g	**11%**
Total Sugars 37g	
Includes 36g Added Sugars	**72%**
Protein 5g	**10%**
Vitamin D 0.3mcg	2%
Calcium 80mg	6%
Iron 2.9mg	15%
Potassium 260mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Lemon Glazed

Nutrition Facts

Serving size	1 Donut (116g)
Amount Per Serving	
Calories	**390**
	% Daily Value*
Total Fat 16g	**21%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 30mg	**10%**
Sodium 230mg	**10%**
Total Carbohydrate 55g	**20%**
Dietary Fiber 1g	**4%**
Total Sugars 32g	
Includes 30g Added Sugars	**60%**
Protein 3g	**6%**
Vitamin D 0.1mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 100mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Maple Glazed

Nutrition Facts

Serving size	1 Donut (149g)
Amount Per Serving	
Calories	**500**
	% Daily Value*
Total Fat 19g	**24%**
Saturated Fat 4g	**20%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 270mg	**12%**
Total Carbohydrate 77g	**28%**
Dietary Fiber 2g	**7%**
Total Sugars 51g	
Includes 48g Added Sugars	**96%**
Protein 4g	**8%**
Vitamin D 0.1mcg	0%
Calcium 70mg	6%
Iron 1.1mg	6%
Potassium 120mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Old Fashioned

Nutrition Facts

Serving size	1 Donut (100g)
Amount Per Serving	
Calories	**340**
	% Daily Value*
Total Fat 17g	**22%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 240mg	**10%**
Total Carbohydrate 40g	**15%**
Dietary Fiber 2g	**7%**
Total Sugars 16g	
Includes 14g Added Sugars	**28%**
Protein 3g	**6%**
Vitamin D 0.1mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Toasted Coconut

Nutrition Facts

Serving size	1 Donut (150g)
Amount Per Serving	
Calories	**520**
	% Daily Value*
Total Fat 21g	**27%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 260mg	**11%**
Total Carbohydrate 78g	**28%**
Dietary Fiber 2g	**7%**
Total Sugars 52g	
Includes 49g Added Sugars	**98%**
Protein 4g	**8%**
Vitamin D 0.1mcg	0%
Calcium 70mg	6%
Iron 1.2mg	6%
Potassium 140mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Gluten-Free Vanilla Sprinkle

Nutrition Facts

Serving size	1 Donut (120g)
Amount Per Serving	
Calories	**410**
	% Daily Value*
Total Fat 19g	**24%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 240mg	**10%**
Total Carbohydrate 56g	**20%**
Dietary Fiber 2g	**7%**
Total Sugars 32g	
Includes 30g Added Sugars	**60%**
Protein 3g	**6%**
Vitamin D 0.1mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 110mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.