

Dates Cardamom Pistachio Ginger

Nutrition Facts	
1 servings per container	
Serving size	5 Pieces (50g)
Amount Per Serving	
Calories	250
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 0mg	0%
Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
Total Sugars 15g	
Includes 3g Added Sugars	6%
Sugar Alcohol 0g	
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 200mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Dates Pistachio

Nutrition Facts	
1 servings per container	
Serving size	3 Pieces (50g)
Amount Per Serving	
Calories	250
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 0mg	0%
Total Carbohydrate 25g	9%
Dietary Fiber 2g	7%
Total Sugars 15g	
Includes 3g Added Sugars	6%
Sugar Alcohol 0g	
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 0.4mg	2%
Potassium 200mg	4%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Mini Cookie Rings

Nutrition Facts	
1 servings per container	
Serving size	10 Pieces (50g)
Amount Per Serving	
Calories	220
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 0mg	0%
Total Carbohydrate 19g	7%
Dietary Fiber 0g	0%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Sugar Alcohol 0g	
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 13mg	0%
Iron 0mg	0%
Potassium 12mg	0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Sesame Crackers Pistachio

Nutrition Facts	
1 servings per container	
Serving size	9 Pieces (50g)
Amount Per Serving	
Calories	210
% Daily Value*	
Total Fat 17g	22%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 0mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Sugar Alcohol 0g	
Protein 5g	10%
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 1.7mg	10%
Potassium 100mg	2%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	