

Dill Pickle

Nutrition Facts	
About 1 Serving Per Container	
Serving Size 1/2 Cup with shells (28g without shells)	
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 12g	16%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	11%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	11%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	10%
Vit. D 0mcg 0% · Calcium 30mg 2%	
Iron 1.2mg 6% · Potas. 300mg 6%	
Magnesium 32mg 8%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Original Salted

Nutrition Facts	
About 1 Serving Per Container	
Serving Size 1/2 Cup with shells (28g without shells)	
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 13g	16%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 8g	3%
Dietary Fiber 3g	11%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 6g	10%
Vit. D 0mcg 0% · Calcium 30mg 2%	
Iron 1.1mg 6% · Potas. 290mg 6%	
Magnesium 31mg 8%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Salt and Pepper

Nutrition Facts	
About 1 Serving Per Container	
Serving Size 1/2 Cup with shells (28g without shells)	
Amount Per Serving	
Calories	180
% Daily Value*	
Total Fat 12g	16%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 9g	3%
Dietary Fiber 3g	12%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 6g	10%
Vit. D 0mcg 0% · Calcium 30mg 2%	
Iron 1.2mg 6% · Potas. 290mg 6%	
Magnesium 30mg 8%	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	