

Cayenne Pepper Powder

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	9
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	% Daily Value*
Total Fat 0g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0.8mg	0%
Total Carbohydrate 1.5g	1%
Dietary Fiber 0.7g	3%
Total Sugars 0.3g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.3g	0%
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Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	1%
Potassium 0mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. These values were calculated and therefore are approximate. For more accuracy, testing is advised.

Granulated Molasses

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	14
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 2.8mg	0%
Total Carbohydrate 3.4g	1%
Dietary Fiber 0g	0%
Total Sugars 3.2g	
Added Sugars 3g	6%
Sugar Alcohol 0.0g	
Protein 0.0g	0%
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Vitamin D 0mcg	0%
Calcium 7mg	1%
Iron 0mg	0%
Potassium 16mg	0%

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Hickory BBQ

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	10
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 274mg	12%
Total Carbohydrate 2.1g	1%
Dietary Fiber 0.4g	2%
Total Sugars 1.3g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.2g	0%
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Vitamin D 0mcg	0%
Calcium 6mg	0%
Iron 0mg	2%
Potassium 29mg	1%

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Sweet BBQ

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	8
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 145mg	6%
Total Carbohydrate 1.5g	1%
Dietary Fiber 0.6g	3%
Total Sugars 0.4g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.3g	0%
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Vitamin D 0mcg	0%
Calcium 9mg	1%
Iron 0mg	2%
Potassium 36mg	1%

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Tamarind

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	17
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0.5mg	0%
Total Carbohydrate 4.1g	1%
Dietary Fiber 0.3g	1%
Total Sugars 1.1g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.1g	0%
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Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 16mg	0%

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White Vinegar

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	15
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 1.9mg	0%
Total Carbohydrate 3.7g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.0g	0%
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Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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Zesty BBQ

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	11
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 259mg	11%
Total Carbohydrate 2.4g	1%
Dietary Fiber 0.5g	2%
Total Sugars 1.6g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.2g	0%
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Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	2%
Potassium 35mg	1%

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Apple Cider Vinegar

Nutrition Facts	
Serving Size	1 tsp
Amount Per Serving	
Calories	14
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	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0.7mg	0%
Total Carbohydrate 3.5g	1%
Dietary Fiber 0.0g	0%
Total Sugars 0.1g	
Added Sugars 0g	0%
Sugar Alcohol 0.0g	
Protein 0.0g	0%
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Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 3mg	0%

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