

Nutrition Facts		Salted Pistachios	Honey Sea Salt Almonds	Cranberry Nut Mix	Coconut Curry Peanuts	Salted Cashews	Smoked Almonds	Salted Corn Nuts	Fireside Trail Mix	Deluxe Nut Mix	Holiday Toffee Cashews	Tap Room Mix	Cajun Cashews
Servings per container													
Serving size		2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)	2 oz (57g)
Amount per serving													
Calories		160	280	135	300	330	340	240	260	340	260	300	330
% Daily Value*													
Total Fat		14g 18%	20g 26%	7g 10%	21g 27%	27g 35%	30g 38%	8g 10%	17g 22%	32g 41%	12g 15%	18g 23%	27g 27%
Saturated Fat		1.5g 7%	1.5g 8%	1g 6%	3.5g 13%	5g 24%	2.5g 12%	1g 5%	1.5g 9%	4.5g 22%	2g 10%	3g 16%	4.5g 8%
Trans Fat		0g	0g	0g	0g	0g	0g	0g	0g	0g	0g	0g	0g
Cholesterol		0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%	0mg 0%
Sodium		110mg 5%	220mg 9%	110mg 5%	240mg 10%	170mg 8%	280mg 12%	320mg 14%	55mg 2%	160mg 7%	90mg 4%	480mg 21%	5mg 0%
Total Carbohydrate		7g 2%	22g 8%	16g 6%	22g 8%	17g 6%	12g 4%	40g 15%	23g 8%	12g 4%	38g 14%	24g 9%	17g 8%
Dietary Fiber		2g 7%	5g 18%	1g 5%	4g 15%	2g 7%	6g 22%	3g 10%	2g 8%	4g 14%	0g 0%	3g 12%	2g 19%
Total Sugars		2g	17g	9g	16g	3g	3g	0g	9g	2g	32g	6g	3g
Incl. Added Sugars		0g 0%	16g 32%	7g 15%	14g 29%	0g 0%	0g 0%	0g 0%	4g 8%	0g 0%	10g 58%	3g 7%	0g 28%
Protein		7g	9g	2g	11g	10g	12g	4g	5g	10g	4g	10g	10g
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.													
Vitamin D		0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%	0mcg 0%
Calcium		20mg 2%	110mg 8%	20mg 2%	50mg 4%	30mg 2%	150mg 10%	0mg 0%	40mg 4%	90mg 6%	20mg 0%	40mg 4%	30mg 8%
Iron		1mg 6%	1.9mg 10%	1mg 6%	2.2mg 10%	3.4mg 20%	2.1mg 10%	0.8mg 4%	0.8mg 4%	2.7mg 15%	1.8mg 10%	1.8mg 10%	3.4mg 10%
Potassium		360mg 8%	300mg 6%	100mg 2%	310mg 6%	480mg 10%	400mg 8%	160mg 4%	80mg 2%	380mg 8%	180mg 4%	220mg 4%	480mg 6%

- 1. Salted Pistachios (2OZ):** Pistachios, Salt. Contains: Tree Nuts
- 2. Honey Sea Salt Almonds (2OZ):** Almonds, Sugar, Sea Salt, Natural Flavor, Honey Powder (Sugar, Honey). Contains: Tree Nuts
- 3. Cranberry Nut Mix (2OZ):** Cajun Cashews [Cashews, Cajun Seasoning (Corn and Potato Flour, Salt, Onion, Garlic, Green Bell Pepper, Tomato Powder, Extract Paprika, Spices, Citric Acid, Silica Gel) & Hi-Oleic Canola Oil], Pineapple Habanero Chips [Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sesame Seeds, Honey Coating (Sugar, Wheat Starch, Honey), Bulgur Wheat, Pineapple Habanero Seasoning (Sugar, Dextrose, Salt, Malic Acid, Habanero Powder (DeArbol Chiles, Habanero Chiles, Pepper), Onion Powder, Spice, Natural Flavor, Citric Acid, Ascorbic Acid, Garlic Powder, Canola Oil, Stevia Leaf Extract, Paprika Extract (Color)), Maltodextrin, Xanthan Gum, Salt, Turmeric (Color), Beet Powder (Color)], Dried Cranberries [Sugar, Cranberries] Contains: Tree Nuts, Wheat, Soy, Sesame
- 4. Coconut Curry Peanuts (2OZ):** Peanuts, Sugar, Curry Powder, Coconut Flavor, Cayenne. Contains: Peanuts
- 5. Salted Cashews (2OZ):** Cashews Roasted in Peanut and/or Cottonseed and/or Sunflower Seed and/or Canola Oil, Sea Salt. Contains: Tree Nuts
- 6. Smoked Almonds (2OZ):** Almonds, Hi-oleic Canola Oil, Salt, Torula Yeast, Natural Smoke Flavor. Contains: Tree Nuts
- 7. Salted Corn Nuts (2OZ):** Corn, Corn Oil, Salt

- 8. Fireside Trail Mix (2OZ):** Honey Roasted Sesame Sticks [Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Iron (Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sesame Seeds, Honey Coating (Sucrose, Wheat Starch, Honey),Bulgur Wheat, Tack Blend (Maltodextrin, Xanthan Gum), Salt, Beet Powder (color), Turmeric (color)], Honey Roasted Peanuts (Peanuts, Tapioca, Dextrin, Cottonseed and Peanut and Coconut Oils,Salt), Banana Cips (Bananas, Coconut Oil, Refined Cane Sugar, Banana Flavor), Diced Pineapple (Pineapple, Citric Acid, Sulphur Dioxide), Honey Roasted Cashews (Cashews, Evaporated Sugar Cane, Light Amber Honey, Peanut Oil, Potato Starch, Salt, Xanthan Gum. Contains: Peanuts, Tree Nuts, Wheat, Soy, Sesame
- 9. Deluxe Nut Mix (2OZ):** Cashews, Almonds, Brazil Nuts, Filberts, Pecans (Roasted in Vegetable Oil [Peanut, Cottonseed, Sunflower Seed, and/or Canola], Salt. Contains: Tree Nuts
- 10. Holiday Toffee Cashews (2OZ):** Cashews, Sugar, Salt. Contains: Tree Nuts
- 11. Tap Room Mix (2OZ):** Sesame Sticks and Sesame Salad Bits [Enriched Wheat Flour (Unbleached Wheat Flour, Malted Barley Flour, Niacin, Iron (Reduced Iron), Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Sesame Seeds, Bulgur Wheat, Salt, Beet Powder (color), Turmeric (color), Wasabi Peas (Green Peas, Rice, Palm Oil, Sugar, Salt, Wasabi Powder, FD&C Blue No.1, FD&C Yellow No. 5), Cajun Hot Sticks [Yellow Corn Masa, Soybean Oil, Cajun Seasoning (Maltodextrin, Salt, Spices & Herbs, Onion Powder, Tomato Powder, Garlic Powder, Natural Flavoring, Green Pepper Powder, Cornstarch Modified)], Hot & Spicy Peanuts (Peanuts, Corn & Potato Flour, Salt, Onion, Garlic, Green Bell Pepper and Tomato Powder, Extract Paprika, Canola Oil, Spices, Citric Acid, Silica Gel), Cashews, Canola Oil, Salt. Contains: Peanuts, Tree Nuts, Wheat, Soy, Sesame
- 12. Cajun Cashews (2OZ):** Cashews, Cajun Seasoning (Corn and Potato Flour, Salt, Onion, Garlic, Green Bell Pepper, Tomato Powder, Extract Paprika, Spices, Citric Acid, Silica Gel) & Hi-Oleic Canola Oil. Contains: Tree Nuts