

Artisanal Spanish Olive Oil

Nutrition Facts

33 servings per container

Serving Size 1 Tbsp. (15mL)

Amount per Serving

Calories 120

% Daily Value*

Total Fat 14g 18%

Saturated Fat 2g 10%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated 12g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 0g 0%

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 0mg 0%

Potassium 0mg 0%

Vitamin E 3mg 20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to daily diet. 2,000 calories a day is used for general nutrition advice.

Gourmet Oil Dipping Spice Kit

Nutrition Facts

per 1/2 teaspoon (1 g)

Calories 3 % Daily value *

Fat/Lipides 0 g 0 %

Saturated 0 g 0 %

+Trans 0 g 0 %

Carbohydrate 0 g

Fibre 0 g 0 %

Sugars 0 g 0 %

Protein 0.2 g

Cholesterol 0 mg

Sodium 2 mg 0 %

Potassium 0 g 0 %

Calcium 0 g 0 %

Iron 0.1 mg 0 %

*5% or less is a little, 15% or more is a lot